AIRMANSHIP 400 RECOMMENDED READ/WATCH LIST

"Emotional Intelligence" recommended reading list:

Book: "Emotional Intelligence 2.0" by Dr. Travis Bradberry and Dr. Jean Greaves

Strategies for building EI in areas of self-management, social awareness, relationship management, and self-awareness

https://www.amazon.com/Emotional-Intelligence-2-0-Travis-Bradberry/dp/0974320625/ref=sr_1_3?dchild=1&keywords=Emotional+Intelligence+2.0&qid=1616687856&sr=8-3

Book: "Emotional Intelligence: Why It Can Matter More Than IQ" by Daniel Goleman

Written from an organizational perspective for employees and leaders to see EI "as a set of skills rather than a personality trait."

https://www.amazon.com/Emotional-Intelligence-Matter-More-Than/dp/055338371X/ref=sr_1_4?dchild=1&keywords=Emotional+Intelligence+2.0&qid=1616688020&sr=8-4

Book: "Leadership: The Power of Emotional Intelligence" by Daniel Goldman

Daniel Goleman's Leadership: The Power of Emotional Intelligence is the author's first comprehensive collection of his key findings on leadership. This often-cited, proven-effective material will help develop stellar management, performance and innovation. The collection makes available his most sought-after writings in one single volume, including:

- Managing With Heart

- What Makes a Leader?

- Leadership That Gets Results

- The Group IQ

- Primal Leadership

- The Social Brain

- The Sweet Spot for Achievement

- Developing Emotional Intelligence

https://www.amazon.com/Leadership-Emotional-Intelligence-Daniel-Goleman-ebook/dp/B005LKMPI4

Movie: Lincoln

The website below breaks down the Emotional Intelligence of the movie through self-awareness, self-management, social awareness, and relationship building.

http://wunderlin.com/emotional-intelligence-four-star-leadership-lessons-from-the-movie-lincoln/

*available on Hulu, Amazon Prime, iTunes, YouTube.

"Ownership" recommended reading list:

Book: "Accountable Leaders" by Dr. Vince Molinaro

"…practical and no-nonsense strategies to transform any organization into a cohesive, highly motivated culture of accountable leaders and fully committed teams."

https://www.amazon.com/Accountable-Leaders-Blueprint-Culture-Extraordinary/dp/1119550114/ref=sr_1_2?dchild=1&keywords=Accountable+leaders&qid=1616690174&sr=8-2

PACEsetter activity: "Mindset: Self-Talk"

How-to activity to further leading oneself which will help with leading others.

https://www.airman.af.mil/Portals/17/002%20All%20Products/003%20PACEsetters/updated/Mindset-Self%20Talk.pdf?ver=HnLSRveFkNAFRGpkvicUqQ%3d%3d

Forbes article: "Taking Responsibility Is the Highest Mark of Great Leaders" by Jack Zenger

Demonstrating willingness to behave responsibly and have personal accountability.

https://www.forbes.com/sites/jackzenger/2015/07/16/taking-responsibility-is-the-highest-mark-of-great-leaders/

Mind Tools Website article: "Helping People Take Responsibility" by Mind Tools Content Team

Strategies for helping team members own their personal accountability and understanding servant leadership.

https://www.mindtools.com/pages/article/taking-responsibility.htm

TED talk: "Hold Yourself Accountable and Never Be Held Back" by Janyssa Berrios

Owning your contribution to a negative situation can open you up to better understanding and more possibilities than you thought.

https://www.ted.com/talks/janyssa_berrios_hold_yourself_accountable_and_never_be_held_back

"Identity" recommended reading list:

Book: "Grit" by Angela Duckworth

Demonstrating passion and perseverance towards goals even when confronted with obstacles.

https://www.amazon.com/Grit-Passion-Perseverance-Angela-Duckworth/dp/1501111116/ref=sr_1_1?dchild=1&keywords=Grit&qid=1616701355&sr=8-1

Book: "Ego is the Enemy" by Ryan Holiday

How conquering your ego allows you to strive for higher goals rather than recognition.

https://www.amazon.com/Ego-Enemy-Ryan-Holiday/dp/1591847818

Article: "Identity in the Profession of Arms" by Ann E. Rondeau

Aspects within and aspects surround us that center on individual military professional identity. "Ethos, culture, and meaning give us our identity."

https://apps.dtic.mil/sti/pdfs/ADA546571.pdf

"Decision Making" recommended reading list:

Book: "The Power of Ethics" by Susan Liautaud

"Today's ethical challenges are increasingly gray, often without a clear right or wrong solution, causing us to teeter on the edge of effective decision-making. With concentrated power structures, rapid advances in technology, and insufficient regulation to protect citizens and consumers, ethics are harder to understand than ever. But in *The Power of Ethics*, Susan Liautaud shows how ethics can be used to create a sea change of positive decisions that can ripple outward to our families, communities, workplaces, and the wider world—offering unprecedented opportunity for good."

https://www.amazon.com/Power-Ethics-Choices-Complicated-World/dp/1982132191/ref=sr_1_1?dchild=1&keywords=books+about+ethical+decision+making&qid=1617027704&s=audible&sr=1-1

Book: "Making Difficult Decisions"

"The book sets out a framework for making difficult decisions that has been tried and tested. It has been used successfully in one-to-one coaching with senior leaders in both the public, private and voluntary sectors. The framework is built on the following strands: Clarity; Conviction; Courage; and Communication."

https://www.amazon.com/Making-Difficult-Decisions-decisive-business/dp/1841127426

Article: "Great Leaders are Great Decision-Makers: Three Qualities to Take the Paralysis out of Decision Analysis"

> Balancing emotion with reason to make the best decisions with positive impact for individuals and organizations.

https://gbr.pepperdine.edu/2010/10/great-leaders-are-great-decision-makers/

TED talk: "What I learned from 100 days of rejection" by Jia Jiang

> Building strength through rejection and turning dead ends into possibilities. Talking about doubt can help build trust which can in turn help with decisions that are made for a team.

https://www.ted.com/talks/jia_jiang_what_i_learned_from_100_days_of_rejection?referrer=playlist-the_power_of_asking